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ACORN

Food Dependency Recovery Services

FAI/ACORN Professional Training Primary Intensive©

Bradenton, FL
January 22 – 27, 2016

The FAI/ACORN Professional Training Primary Intensive© is a three-year experiential program focused on learning food addiction recovery from the inside-out, assisting experienced food addiction professionals, and developing ways to make a unique contribution to food addicts and the field of food addiction.

Location: Sugar Free House - 3018 Pine Street, Bradenton, FL 34202
Lodging is available onsite on a first-come basis for \$45 per night or at nearby hotels
Contact Tina Selinsky for more information. 941-993-9717 or sugarfreeplace@gmail.com

Registration

Fee: 1,950 for new participants \$1,700 for those who are currently in the professional training (does not include meals or lodging)

Schedule: Begins Friday, January 22 at 7:00 p.m. and concludes Wednesday, January 27 at 2:00 p.m.

Contact: Raynea McCumber 941-378-2122 or rmccumber@foodaddiction.com

“3-Days with Phil” Workshop for Professionals

Homewood, IL
March 4 – 6, 2016

In this very special 3-day workshop, food addiction professionals will have the unique opportunity to do their own deeper first step work on their primary addiction or on any of their secondary addictions. This weekend workshop will help you to work on the emotional and spiritual blocks that may be preventing you from full acceptance of your powerlessness over food or any other addiction(s).

Join Phil Werdell and two ACORN trained facilitators in a safe, nurturing small group format (with no more than six participants) to learn how to use slip inventories, expressive exercises, and written incidences of powerlessness (approaches which he has pioneered) to remove the stumbling blocks that prevent deep emotional and spiritual recovery.

As a professional, there is no better investment in our work, than taking the time to attend to our own recovery.

Location: 18161 S. Morris, Suite 204, Homewood, IL 60430

Registration

Fee: \$1,500 (does not include meals or lodging)

Schedule: Workshop hours 9:00 a.m. – 4:30 p.m. (break for lunch)

Contact: Raynea McCumber 941-378-2122 or rmccumber@foodaddiction.com

Register ►►

Register for both events at foodaddiction.com/programs/registration/

About the ACORN facilitators:



Phil Werdell, MA Director of the ACORN/Food Addiction Institute Food Addiction Professional Training Program, has worked professionally with over 4,000 middle and late stage food addicts. Mr. Werdell is a graduate of Yale University with postgraduate work in food addiction. He comes from a 25-year career building innovative liberal arts and graduate programs. As a food addict professional, Mr. Werdell has been lead counselor for the residential food addiction treatment program at Glenbeigh Psychiatric Hospital of Tampa and the outpatient program of Rader Institute of Washington. He is co-founder of ACORN Food Dependency Recovery Services and the Food Addiction Institute, an independent, non-profit organization whose mission is to support the healing of all food addicts. Phil is the author of dozens of articles and books including, “Food Addiction: Beyond Ordinary Eating Disorders”; “Physical Craving and Food Addiction: A Review of the Science,”; [Food Addiction Recovery: A New Model of Professional Support](#); [Bariatric Surgery and Food Addiction: Preoperative Considerations](#); “From the Front Lines: Food Addiction Treatment” for the new medical textbook, [Food and Addiction: A Comprehensive Handbook](#), Brownell and Gold (2012); and [Food Junkies: The Truth About Food Addiction](#).



Mary Foushi, is co-founder and Executive Director of ACORN. She holds a degree in Human Services with a specialty in Addiction Studies. Mary is a food addict with over 25 years of stable recovery and is maintaining a 200-pound weight loss for over 23 years. Her strong commitment to recovery and her ability to honestly relate her personal struggles and successes offers hope for those seeking to learn about food dependency and freedom from a life addicted to food. Mary is a CENAPS Trained Relapse Prevention Specialist, a certified food addiction professional, and facilitates groups, workshops and Primary Intensives throughout the United States. Mary is co-author of [Food Addiction Recovery: A New Model of Professional Support](#).

New workshops are added to the ACORN Schedule of Events frequently.

View the full schedule at www.foodaddiction.com

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